

**Worried about fuel
bills and keeping
warm?**



Check out

lowcarbonhub.org/energy-saving-advice

LOW-COST NO-COST ENERGY SAVING MEASURES

There are lots of easy ways to save energy and stay warm at home, at low or even no cost.

Keep your heat

About 10% of heat escapes through windows and an additional 15% is lost to draughts. Here are some ways to keep your heat in.

No-cost

- Move furniture away from radiators so heat can circulate.
- Shut internal doors to keep heat in each room that you heat.
- Draw curtains at dusk and tuck them behind radiators to keep heat in overnight.
- Open curtains on sunny days to benefit from the sun.
- Install draught excluders on doors and windows.
- Get a professional to check your boiler.
- Block up any gaps in your roof.



WARMER WINTER CHECKLIST

Worried about fuel bills and keeping warm? This checklist could help.

For no-cost tips, practical ideas and where to find further help and advice – read on and see what might work for you.

Scan me for an online version of this leaflet.



There are also Urdu and Punjabi PDF versions for download.



Scan



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 - Open curtains on sunny days to benefit from the sun.
- Install draught excluders on doors and windows.
- Get a professional draught proofing service.
- Block up gaps around the chimney.

WARMER WINTER CHECKLIST

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Get help:

- **understanding bills**
- **emergency support**
- **grants and funding**

Call free on 0800 107 0044

or go to www.bhbh.org.uk

